



Returning Patients to the Speed of Life

Physical & Hand Therapy

Centralized Scheduling

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www.serctherapy.com

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SCOPE OF SERVICES

- Physical Therapy
- Hand Therapy
- Sports Injury Treatments
- Work Injuries, including FCEs and work conditioning
- Diagnoses treated include:
 - spinal disorders
 - pre/post-op surgical disorders
 - repetitive stress disorders
 - hand and upper extremity injuries/disorders

OUR CLINICS

Belton
 Blue Ridge Tower
 Harrisonville
 KC North
 Kearney
 Lansing
 Lee's Summit
 Liberty
 Metro North
 Olathe
 Overland Park
 South Raytown
 Shawnee

In the Clinic: Work Conditioning

SERC Physical and Hand Therapy offers injured workers an individualized work conditioning program to return them to gainful employment in the safest and most efficient way possible. We offer half day and full day programs, which generally last from two to six weeks.

At SERC, physical therapists individually monitor the client's progress throughout his or her program. The client is not just handed a clipboard and left to work independently. Instead, the therapist and the client work together to establish goals, set time frames to reach those goals, and consistently monitor the

client's progress towards the goals.

Throughout the work conditioning program, our therapists continue the rehabilitation process with



the client, as well. This enables the client to enter the work conditioning program sooner, which allows for a more expeditious return to work.

Because SERC performs traditional physical therapy as well as work conditioning, the client may not have to participate in a full-fledged work conditioning program. Our physical therapists are able to continually assess clients, and help them progress by incorporating individual pieces of the work conditioning program while the patient is still in acute care. Because of this, the client can return to work more quickly.

At SERC, our goal is to ensure that each client receives personal, individualized care from a trained physical therapist, resulting in a successful return to the work force.

Meet the Staff: Bob Mitchell, PT

Bob Mitchell is a physical therapist at SERC's Riverside and Metro North locations. He is a graduate of Rockhurst University. Bob has been a Physical

Therapist is the Kansas City Metro area for 23 years, and has worked for SERC since our offices first opened in 1997. He specializes in work-

related injuries and Functional Capacity Evaluations. In his free time, Bob likes to fish and to spend time with his children.